

### INSTRUCTIONS FOR USE

#### Sterilization:

1. Place spore strips inside representative materials to be sterilized. Package or wrap as usual.
2. Locate test packages in areas of sterilizer most difficult to sterilize. Identify test packages as to location in sterilizer.
3. After sterilizing, forward sufficient spore strips **and** products to test laboratory along with at least one non-sterilized spore strip marked POSITIVE CONTROL.

#### Test Laboratory:

1. All testing should be performed in a clean, dust-free room and within confines of a laminar flow hood. All transfers and manipulations must be conducted with rigid aseptic techniques to avoid “false positive” samples.
2. Procedure:
  - a. Aseptically open glassine envelopes and withdraw spore strips with sterile forceps then transfer to individual **Releasat** media tubes. Identify tubes.
  - b. Incubate spore strips in **Releasat** medium for 24 hours at 55-60°C<sup>1</sup>
  - c. Observe tubes for growth.      Yellow = growth = non-sterile  
   Purple = no growth = sterile

**Test Strip** cultures should show no growth if sterilization has been achieved. A yellow color and/or turbidity indicates bacterial growth occurred in test strip culture tubes. Tubes can be sub-cultured if identification of positive growth is desired. Recommended sub-culturing procedure techniques are available from Mesa Labs.

<sup>1</sup> Reduced incubation time confirmed using FDA Protocol.

3. Controls:
  - a. **Positive:** One or more positive controls should be included in each test series. Transfer a non-sterilized spore strip to **Releasat** culture medium and incubate with test series. Yellow color and turbidity indicates that the medium possesses suitable growth promoting qualities and that the spore strips contain viable spores. If positive control does not grow, do not use the units from that box. Contact Mesa Labs.
  - b. **Negative:** One or two tubes of **Releasat** culture medium incubated with test series. Absence of color change to yellow indicates that the medium was sterile prior to sterility testing.

#### Storage and Disposal:

1. Store **Releasat Culturing Set** biological indicators at room temperature. Protect from light. Do not desiccate.
2. Do not store these indicators near sterilants or other chemicals.
3. **Releasat Culturing Set** biological indicators have a shelf life which is clearly designated on each package. Rotate your stock accordingly.

NOTE: Do not use after expiration date printed on package. Dispose of expired indicators by autoclaving the strips at 121°C for not less than 30 minutes. Dispose of unused culturing media by pouring liquid down drain and placing the tubes in the proper disposal receptacle.